

CAREER PATHING

(Special Lecture to Postgraduate Students of
Durham University in Valediction Week on
September 11, 2007)

By:

Prof. Poonam Kumar

Chairperson

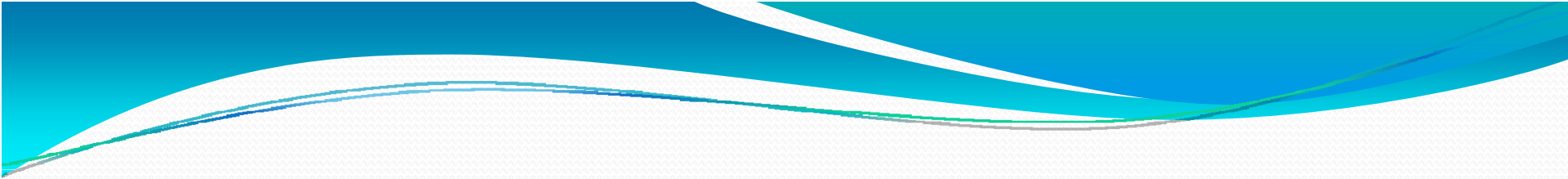
Mega Ace Consultancy

India | UK



General But Important Questions

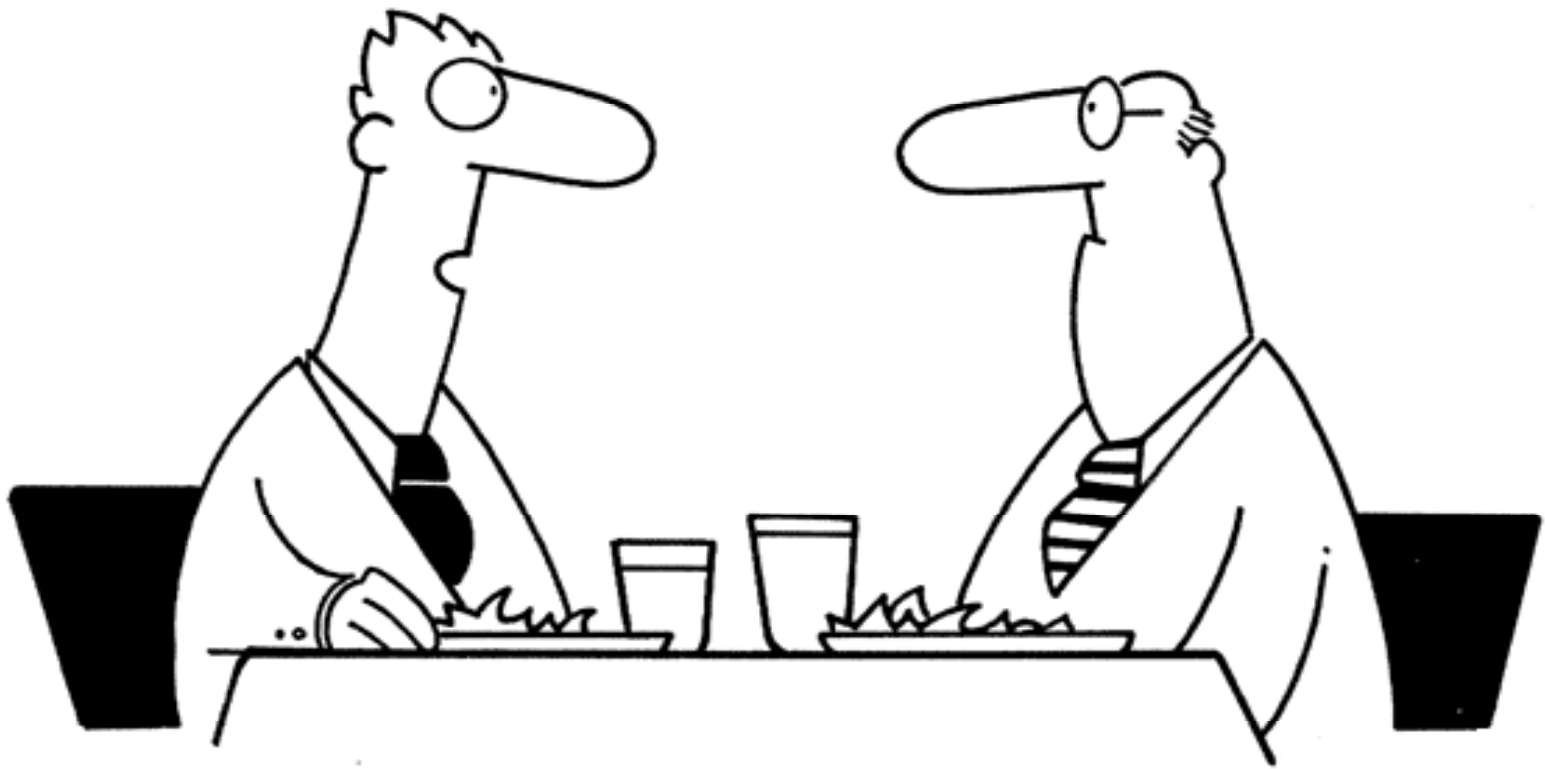
- What do you want to do in your life?
- What sort of job are you looking forward to?
- Should you be choosy or grab any opportunity that comes your way?

- 
- Are you highly motivated & looking forward to the new stage of LIFE???
 - Can you really decide TODAY on how journey of Life for next five years could be???
 - Is there an answer for every question in your MIND???



The Ultimate Answer Is

CONCRETE PLANNING.....



“I’m looking for a mentor who will show me how to get rich without boring me with a lot of advice.”

Post College Scenarios & Worries

- Life after college can be very difficult for students everywhere.
- Everything changes after you graduate.
- Oh no, life after college means more responsibility.
- But before you can take that responsibility head on, you need to address a few key issues in your life.
- ***Don't worry, if you examine these issues, life after college will not be as hard as you anticipate!!!***



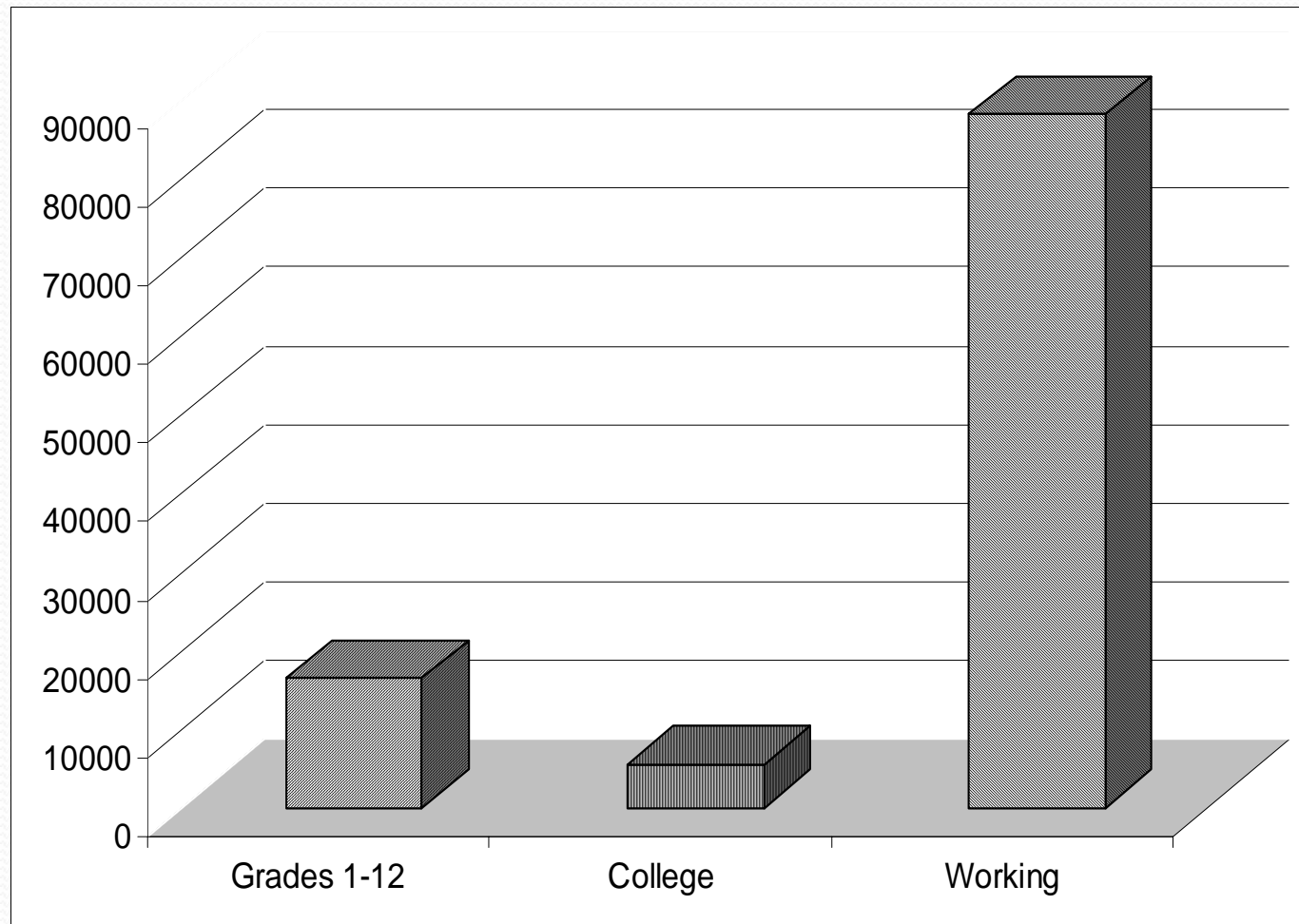
Perceptions & Expectations

- Highly competitive stipends and salaries
- Prospects for sustained, productive, intrinsically-motivated careers
- Work that matters



DEVELOP YOURSELF.....

Hours Invested

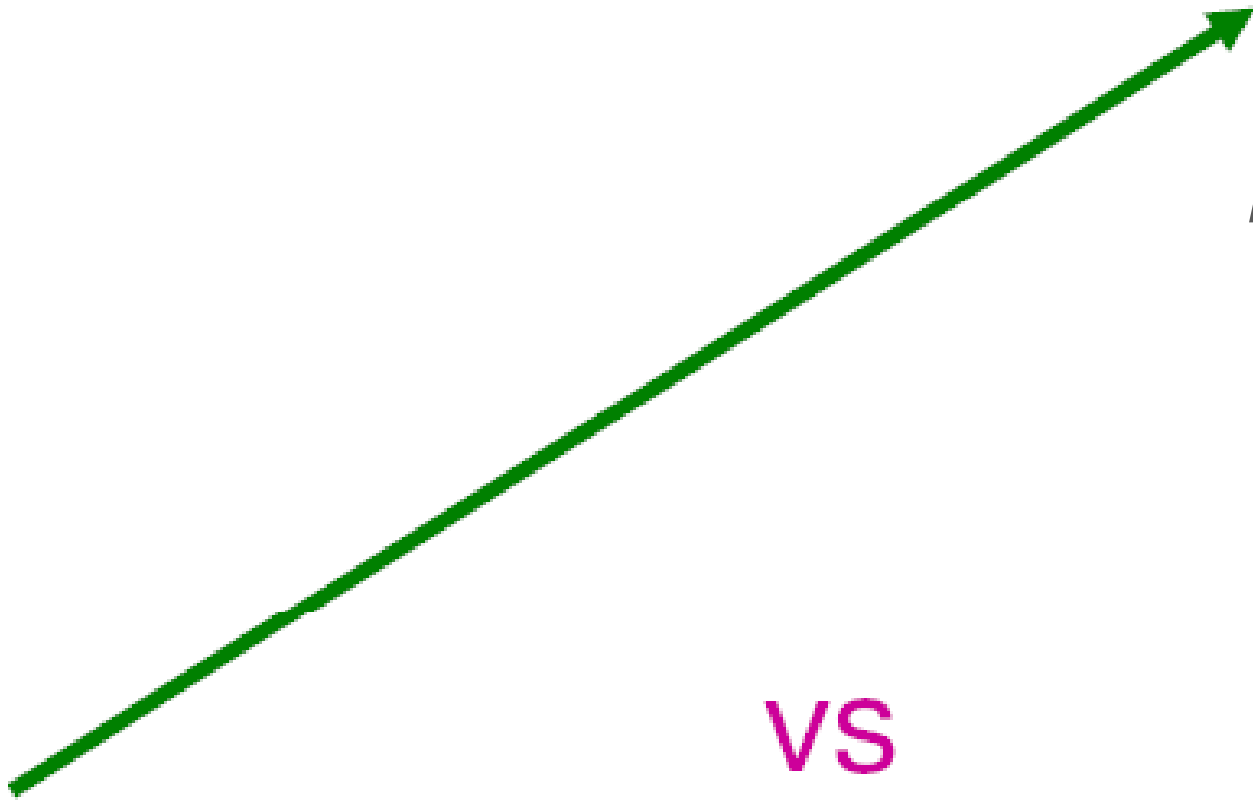


Career Decision Determines

1. How you spend most of your "awake" hours for the next 40 years?
2. Your opportunities for personal satisfaction and growth?
3. Your ability to meet your family's needs (e.g. housing, medical, college)?
4. Your ability to eventually retire with the financial resources to enjoy it?

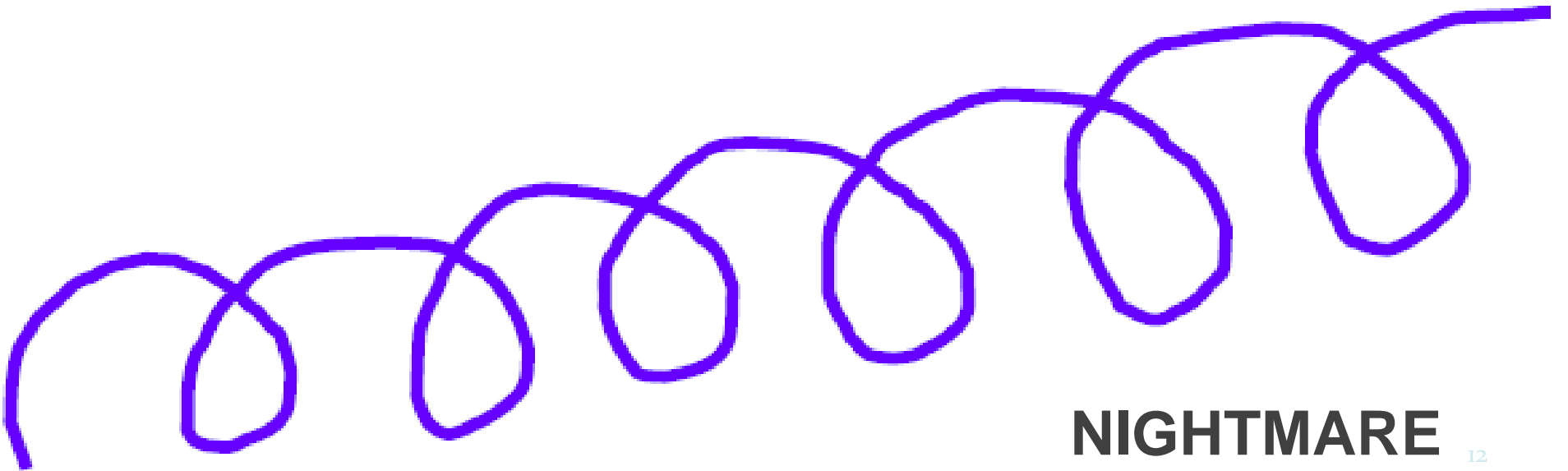


“I’m writing about all the things I ought to do before I die. It’s my oughtobiography.”



DREAM

VS



NIGHTMARE



Managing Career Successfully

- Potential Scenarios
- What Are Your Life's Objectives?
- Skills & Personality Trait Assessment
- Strategies For Achieving Success



Coping Strategies v/s Threats

Threats

Job Content

Working Environment

Dirty Politics

Interpersonal Skills

Coping Strategies

Focussing On Actions

Time Management

Positive Attitude

Confidence

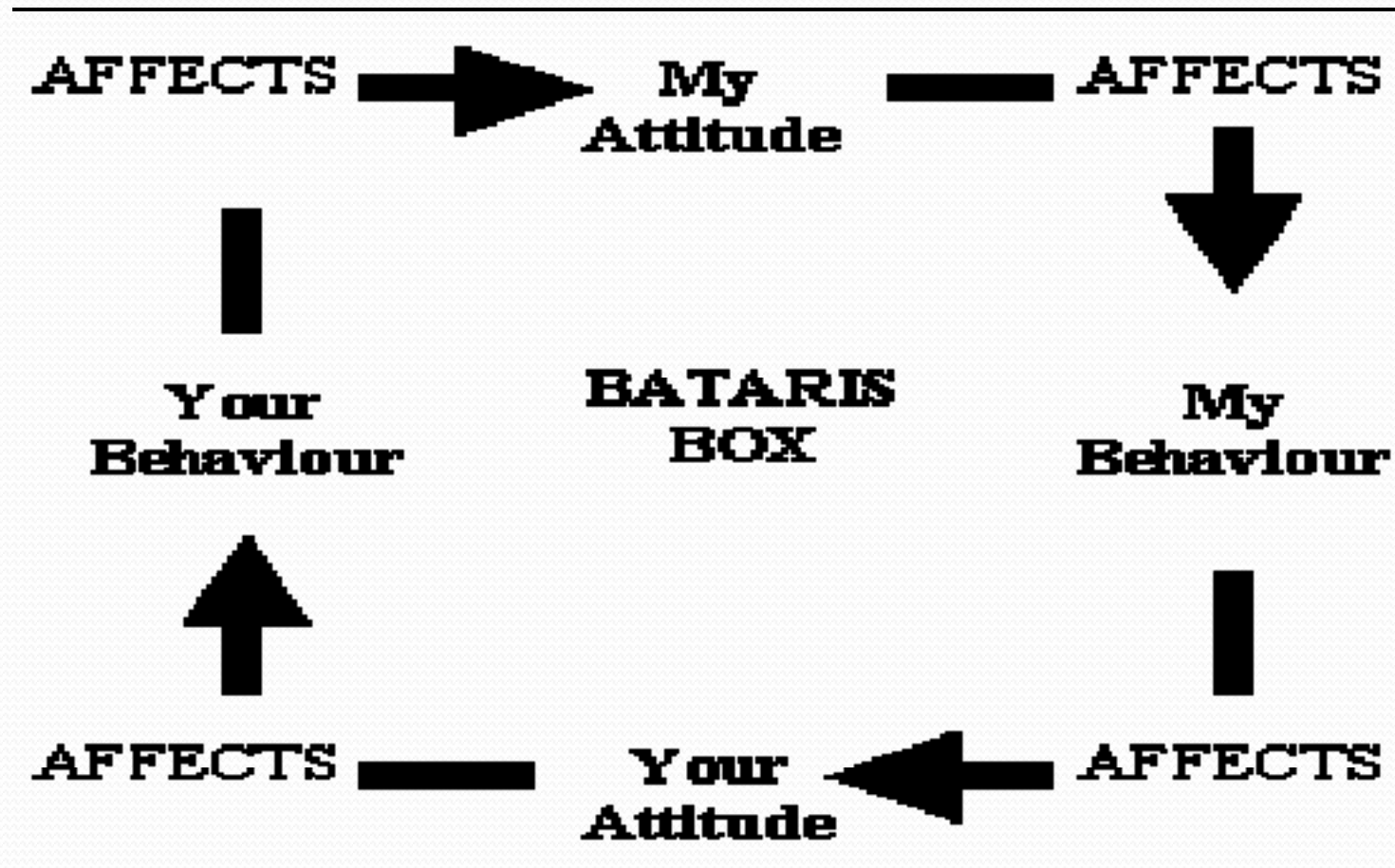


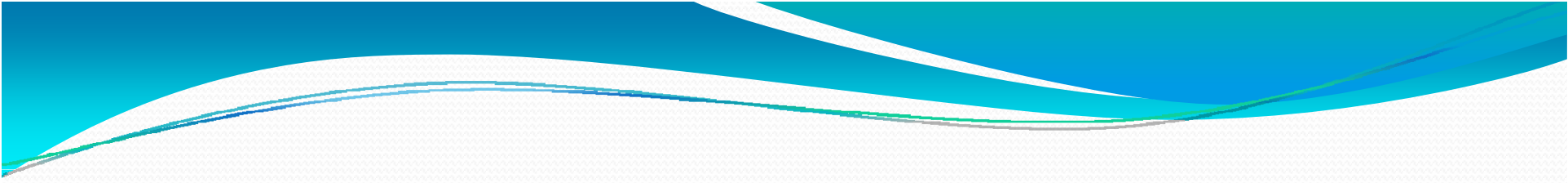
It's the *ATTITUDE* That Counts...

A T T I T U D E

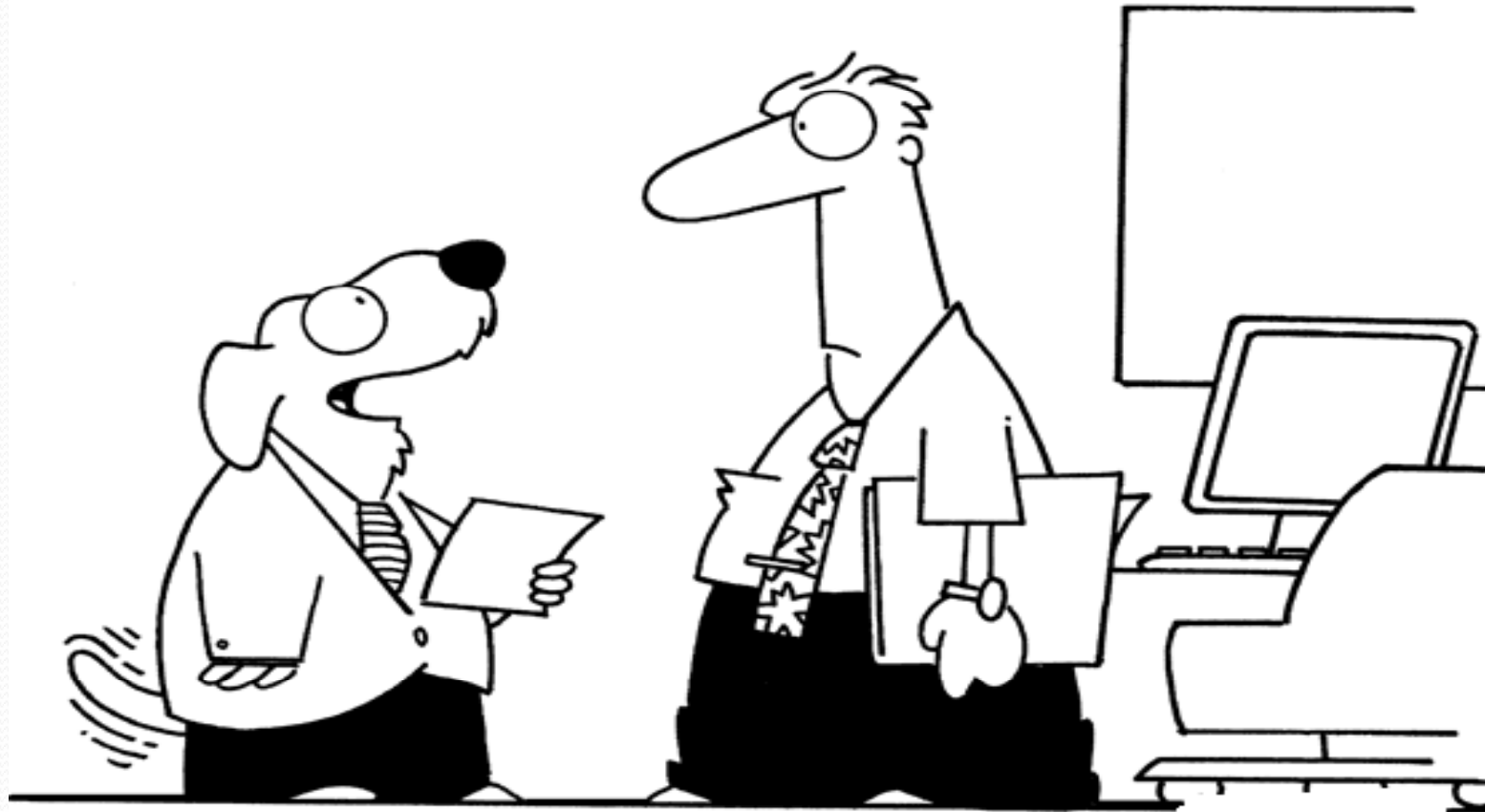
1 + 20 + 20 + 9 + 20 + 21 + 4 + 5 = 100%

BATARIS BOX





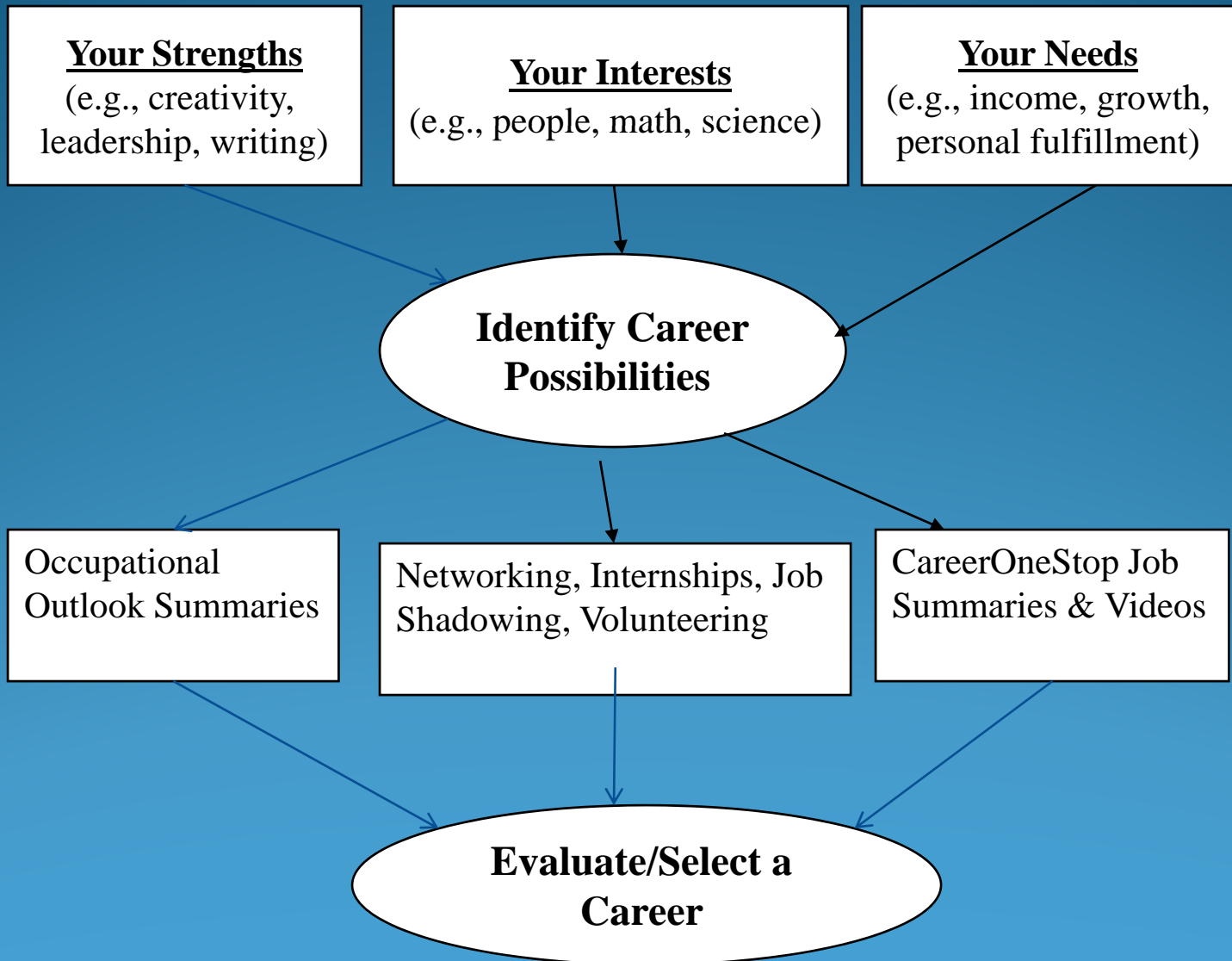
So ultimately it's the *ATTITUDE*
that leads the path to
accomplishing!!!



**“I just got promoted again.
It’s easy to succeed if everyone likes you!”**



CAREER PLANNING PROCESS





Open Your Senses

Old Paradigm: Show me the career path,
Show me the money,
Show me the profitability,
Show me the potential
Show me all quickly
(External Possession)

New Paradigm:
Let me show you the issues,
Let me show you the vision,
Let me show you the energy,
Let me show you the beauty,
Let me show you the fun,
Let me show you invisible buried treasures,
Let me show you emotional intelligence,
Let me show you gist of life
(Internal Creation)



INTRODUCTION TO THE WORLD ECONOMY



Higher Stakes-

It's a Different World

- Internet
- Outsourcing
- Global Marketplace
- No Safety Net

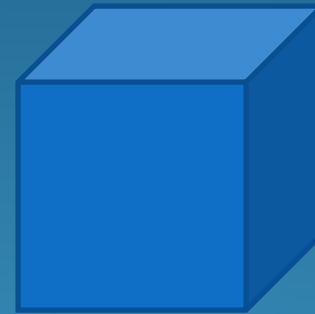


Growing Pain..

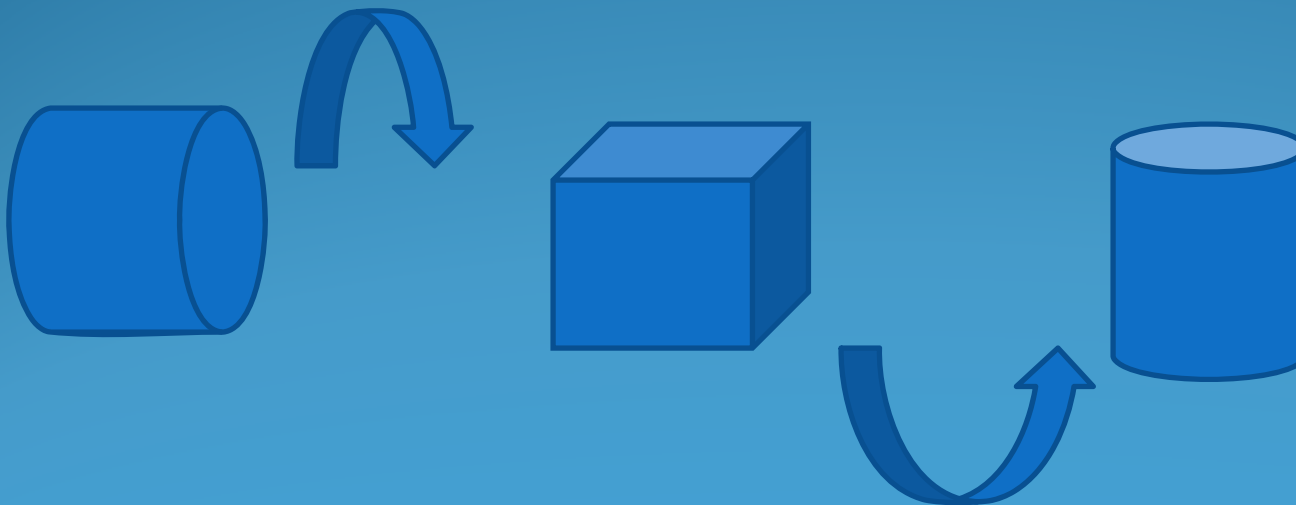
- Low/No Job Security
- Stagnant/Declining Salaries
- Global Competition/Outsourcing
- Project-oriented employment/Temporary Job
- Market
- Shrinking Benefit Package
- High Burnout Rate
- Aging Workforce in several economies

THE EMERGING FIELDS IN GLOBAL MARKET

EMERGING FIELDS



In-Between the Boxes:



Career Planning
Continue Education
Changing Career
Venture Out

OUTSIDE THE BOX

Health Care
Environment
Financial Planning
Investment

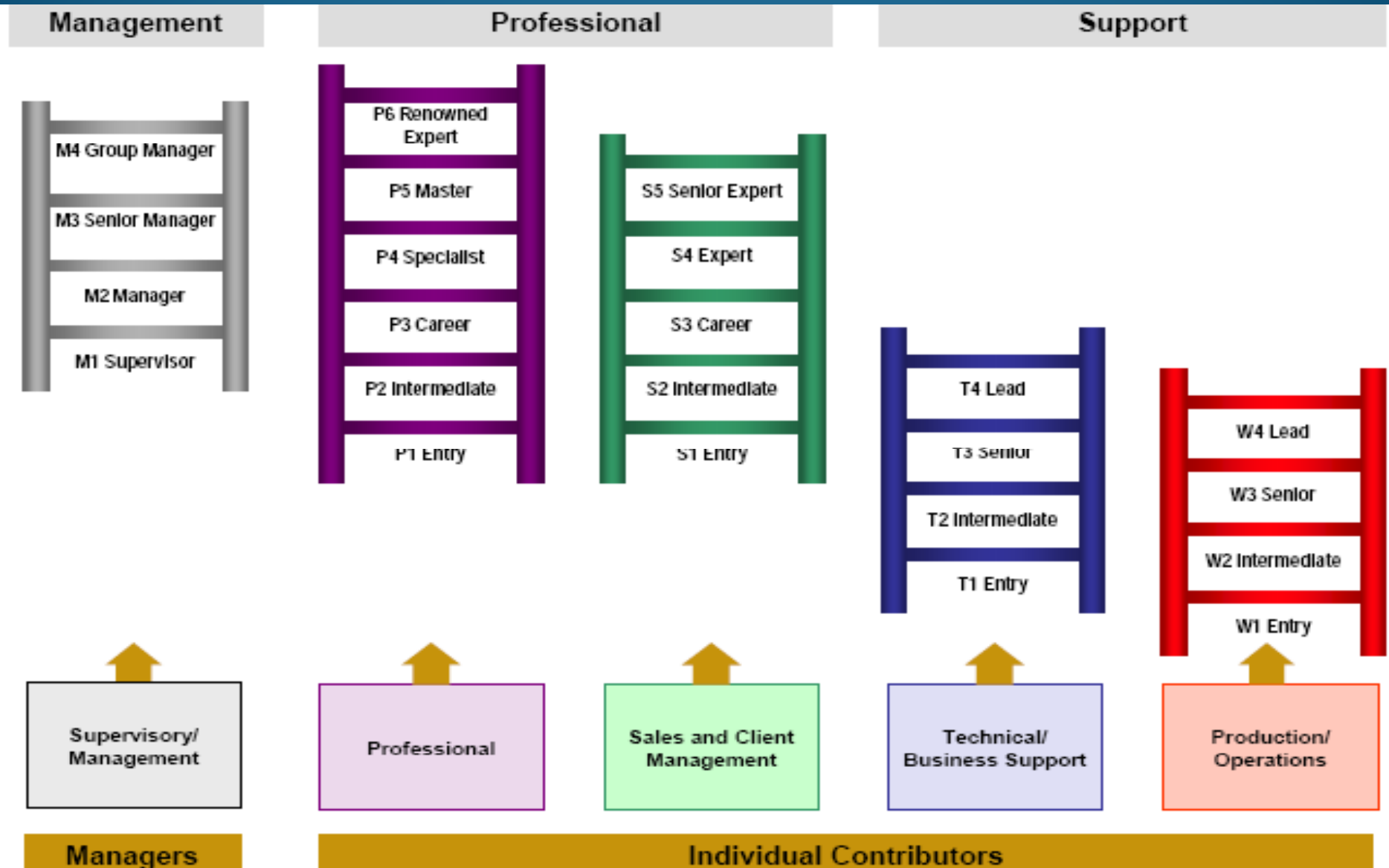


Politics/Policy
Licensing
Intellectual Property
Risk Management

Education/ Entertainment
Publishing
Children's Books
Literature
Writing

Marketing
Media
Human Resources
Inter-disciplines
Multiple Disciplines
Create Your New Ideas

GLOBAL JOB METHODOLOGY: GLOBAL CAREERS & CAREER LEVELS



Stress Management





Disruptions Caused By *STRESS*

- Physical
- Emotional
- Spiritual
- Social



YOGA & MEDITATION

- It is a SELF-DIRECTED practice for RELAXING the body & CALMING the mind.
- MEDITATION as a Safe & Simple way to balance a person's PHYSICAL, EMOTIONAL AND MENTAL STATES.
- It is simple, but can benefit everyone



Believe In Your *KARMA*

KARMA - *ACT, ACTION, PERFORMANCE*

Is the concept of "action" or "deed" in Dharmic religions understood as denoting the entire cycle of cause and effect described in Hindu philosophies.

It is analogous to Newton's Third Law:

'To Every Action There's An Equal & Opposite Reaction'



The Ultimate Wish...

If we are to *wish* for anything,
it shouldn't be for wealth & power,
but for the passionate sense of the potential,
for the eye which ever young and ardent,
sees the **POSSIBLE...**



*Pleasure sometimes disappoints but ,
Possibility never....*

Blessed Life

*Life should never be Cheap but Sacred
Days should be as
Centuries Loaded & Fragrant....*





Discover The Divine Path

God has a plan for everyone's life.
We just have to discover how God
has shaped each and every one of
us in a unique way.

So we just need to concentrate &
work on our actions rather
than worry about issues that are beyond our control....





THANK YOU